

Hilltop News

DIMBOOLA MEMORIAL SECONDARY COLLEGE

Term 1, Week 9, 28th March 2024



Dimboola Memorial Secondary College would like to acknowledge the Traditional Owners of the Wimmera Mallee area: The Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagalk peoples, and pay our respects to Elders past, present and emerging.



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Easter Egg Hunt



Upcoming Events and Dates

15 APR - Term 2 Starts

22 APR - Year 7 and 10 Vaccinations

23 APR - Little Desert Athletics

25 APR - ANZAC DAY 26 APR - Curriculum Day

 $6^{th} - 10^{th}$ MAY - Year 10 Work Experience 13th MAY - Little Desert Cross Country Principal President **Vice President** Secretary

Treasurer

DET Rep Parent Reps

Student Reps Community Reps

Sally Klinge Rhianna Paech **Alastair Griffiths**

Charlotte Pyers (DET)

Jess Fell

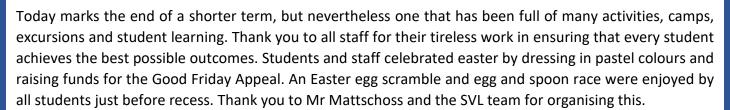
Yolande Hutson, Brett Schultz, Desiree Cross, Angela Taylor

Rian Pyers, Ethan Angel-Hands Charles Rees (RSL), Neil Zippel

RESPECT HONESTY FREEDOM EXCELLENCE CARE

DMSC IS A CHILD SAFE SCHOOL

Principal's Message



Parent -Teacher Meetings

Those who attended Monday's parent-teacher meetings, either in person or via phone conversations, expressed their gratitude to be able to get feedback regarding their child's learning journey and get to know new staff and their child's teachers. If you were unable to catch up with your child's teachers, please contact the school at the start of next term to arrange a suitable time to have these important conversations.

House Athletic Sports

Tuesday was a terrific day both weather-wise and in terms of students having a go at many of the ten athletic events that were available to each age group. I was particularly impressed by the number of students who nominated to participate in the 1500 metre long-distance event at the start of the day. Students assisted staff and encouraged their peers to achieve their best. Well done to everyone involved on the day and thank you to Ms Marra for her organisation of the event. Congratulations to Hindmarsh on winning the shield on the day.

School review preparations

As part of our four-yearly review of school practices, Mrs Pyers and I have been busy updating all DMSC policies, which are available on the school website. The purpose of the review, which all government schools must undertake, is to reflect on our current practices, measure progress, celebrate successes and develop a plan for the future pathway of the school for the next four years. Parents are encouraged to provide feedback through a short three question survey that is available from the school office. Thank you to those who completed this feedback at parent-teacher meetings on Monday.

Year 7 2025 Parent-Information Evening

We are already planning for 2025! Our information evening for all prospective Year 7 students and their parents is on Monday 29th April, which is Week 3 of Term 2. Please refer to the flyer later in the newsletter for further details.

School Centenary Celebrations

Saturday 25th May is fast approaching! Bookings for both the afternoon tours, RSL ceremony and afternoon tea are still available, as are spots for the evening meal catered for by local chef Cat Clark. Please use the QR code found later in the newsletter or contact the school office to secure your booking prior to the May 1 deadline.

Finally, I would like to wish everyone a Happy Easter and enjoyable holiday break.

Sally Klinge

Principal



House Athletics Sports



Year 8 Humanities

This term in Year 8 Humanities, we have been learning about the Vikings. One of the topics we have covered is Viking religion- learning about gods, goddesses, and the stories that Vikings believed in about the world around them.

To show their understanding of important Viking myths Year 8 wrote scripts, designed props, and then performed their myths for the class. Check out the photos below to see just some of these myths in action:

- The myth of Ragnarok (the end of the world)performed by Tiarnah, Albert and Lily
- The myth of how Thor lost his hammer- see Cameron dressed up as Thor in a 'wedding dress' killing a giant with his hammer that he has just found!
- The myth of how the goddess Sif's golden hair was stolen by Loki, performed by Eithan cutting Sif's yellow cardboard hair off with some scissors
- The myth of the creation of the world, with Patrick slaying a sleeping giant

Jess Fell, Year 8 Humanities Teacher







Years 8/9 Art Elective excursion Friday 22nd March





Last Friday, my Art elective class were fortunate to visit a local

artist- Gayle Newcombe in her studio barn near Jeparit.

Gayle is now working as a practising artist who is self-taught in the art of drawing with pastels.

Students were given the opportunity to work from a still life and learn how to use value

and tone to layer dry pastels. Gayle guided the student's drawing and explained her own process of working both as a photographer and as a pastel artist. Gayle's work is so realistic with the personality of the many animals she draws coming through. Thank-you to Gayle for inspiring my

students to try pastels. -Mrs Simpson











Greater Western Region Swimming Carnival

On Friday the 22nd of March, DMSC had 5 students travel to Horsham to participate in the Greater Western Region Swimming Carnival. Congratulations to the students for reaching this level. See below for their results:

Individual Events

Giselle Clugston – 4^{th} in Freestyle, 5^{th} in Backstroke and 6^{th} in Butterfly. Bella Mibus – 7^{th} in freestyle.

Nicole Pretorius – 3^{rd} in 100m Freestyle, 4^{th} in Breaststroke and Butterfly, 5^{th} in Backstroke and 7^{th} in freestyle.

Marcel Badua – 3rd in Backstroke, 4th in Breaststroke and 5th in Freestyle.

Will Thomson – 4th in Freestyle.

A massive thank you to the families and friends who were able to support these students on the day. -Ms Marra







Year 11 Business Management

Monday the 25th of March, the Year 11 Business Management class visited Bonnie and Clydes in Horsham. The students enjoyed some freshly cooked pizza and a chat with the business owner Dan about establishing the business.

Students will now use this information for the upcoming SAC.

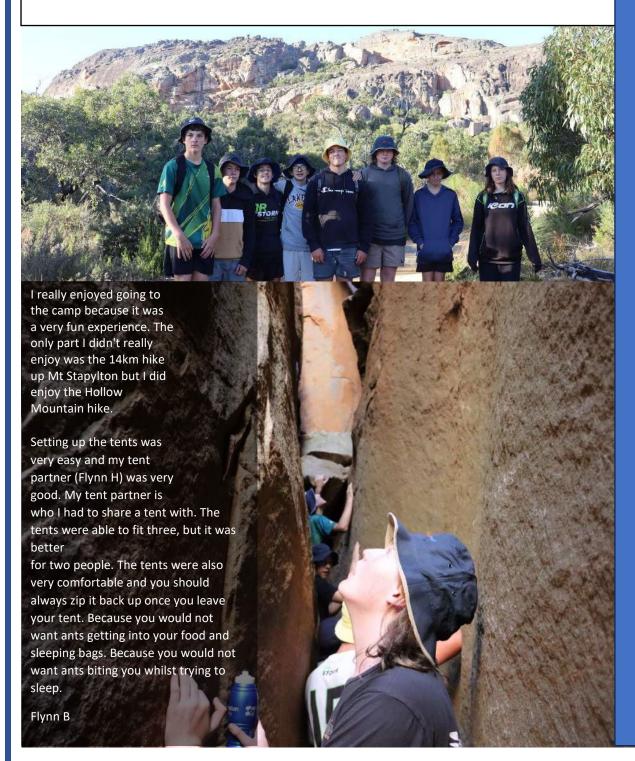




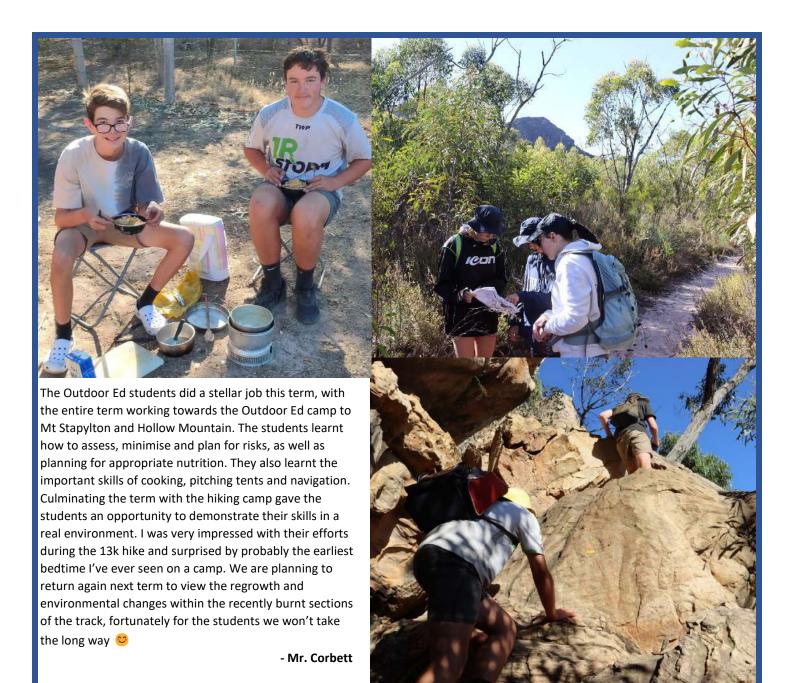
In Outdoor Education this term, I did hiking, cooking, climbing, cleaning, games and reading maps. This was the gist of the camp, but we did more stuff than just that, but this was what we mostly did.

On the first day, we had a big 5 hr hike on the Mt Staplyton trail, it was 13 kms long and I think it was a bit long. When he got back, we cooked food in trangias. A trangia is a cooking point which is manufactured in Switzerland. Max and I made Carbonara and it was very good. After that, we cleaned our bowls and let them dry in the sun. We had a big time span in that time of the day so we played games mostly 44 home bases which was fun. We talked in front of the fire for a bit and went to bed.

On the second day, we climbed Hollow Mountain, but first we had breakfast and mostly everyone had cereal or toast. We packed up the tents and all the stuff and packed it into the bus. We departed from the camp and travelled to the Hollow Mountain car park. The hike was only around 2 hours and it was 2.5 kms long so not as bad as yesterday. We travelled through all these caves and valleys and had a snack up there until it was time to go back home. When he got back to the school, we had lunch (Max and I made fried rice) and we finished the day cleaning all the dishes and trangias again so they were very clean. Anyway, it was a good camp overall.







In Outdoor Ed this term, I learnt about the food and nutrition that you need and what is recommended to take when you go hiking whether it is a single day hike or a multi-day hike. When we went on our camp to Mount Staplyton, I went hiking, I cooked and played games at the campsite with everybody else that went on the camp on the first hike after the Mount Staplyton loop walk. It was a 13-kilometre hike, and it took us 5 hours and 10 minutes and on the second day we climbed Hollow Mountain which was only a 2-kilometre hike that took us 2 hours. Before camp I had to learn how to use a map and a compass just in case we got lost while we were hiking. I also had to complete a risk assessment about the hike and camp at Mount Staplyton grading the risks and providing ways to fix the problem. My tent partner on camp was Patrick. We worked together to make our tent and we had to cook and supply our own dinner with trangias. We enjoyed a nice carbonara with veggies like carrot and onion and had to boil water with our trangia to wash our utensils and then let them sit out in the sun to dry while we ate our dessert. Overall, the camp was very good, providing us with lots of good memories.



Hands on Learning

This week in Hands on Learning, students spent the morning in the cookery centre making relish and toasties. The relish was made from tomatoes that students had planted and cared for this year. Each student took home a jar of relish and the remnants of left over toasties that we enjoyed today for lunch.

Donna Baldock

Hands on Learning Coordinator













Come and see what

Dimboola Memorial Secondary College

can offer your child in Year 7 in 2025



Year 7 Parent Information Night

Monday, April 29

5.30pm-7pm

at the DMSC Health & Fitness Centre (School St, Dimboola)

5.30pm School Tour 6pm Information Session



DMSC was the only government secondary school in the Wimmera South-West Region to be named as a 'School of Influence' in 2023

Consistenly high VCE Median Study Score for the past seven years

Mentor program which connects students to their peers, their teachers and their school.

After school SMART sessions (Tues & Thurs) offering extra







For further information please contact Jess Fell on 5389 1460 School tours welcome | www.dmsc.vic.edu.au

Respect Excellence Honesty Care Freedom

C **Conveyance Allowance** To receive a conveyance allowance individual students must meet all of the following criteria: 0 1. Attend a school/campus located outside Melbourne's Urban Growth Boundary (UGB). 2. Attend the closest appropriate school/campus. N 3. Reside 4.8km or more from the school/campus (shortest practicable route calculated by school at time of application from the student's home to the school/campus attended) or 4.8km from home to the student's bus stop. 0 4. Be of school age (between 5 and 18 years old at the time of application), and a resident of Victoria. W 5. Be enrolled and travelling to school three or more days per week. Application forms can be obtained from the front office. A Office hours: DMSC bank details: N Our school office is open from 8.30am until 4.30pm N Our banking details are as follows: each day. Please use this time to contact the school Dimboola Memorial Secondary College or make payments using Eftpos. BSB 06 3000 (CBA) A/C 1418 7309 F F DOES YOUR CHILD FIND IT DIFFICULT TO **Encourage them** BE MOTIVATED TO COMPLETE to come to **HOMEWORK?** S.M.A.R.T sessions. DO THEY REGULARLY HAVE OVERDUE WORK? and Wednesdays This is an opportunity for all students to complete classwork and homework under the supervision of a teacher. Students are recommended to attend to help them keep up to date with work and to gain extra help with their assessment Library tasks. If you have any questions, please ring the office or speak to 3.20 - 4.30 Mrs Charlotte Pyers. Snacks provided Canteen C Just a reminder Lunch Menu about the cut off Cut off time times each day to 8.40am order via Qkr! **LUNCH TIME** Canteen Orders can be Recess Menu placed days ahead Cut off time of time. E 8.40am N

DHES DMHS DMSC

is turning 100

Saturday 25th May 2024



Dimboola Soldiers Memorial Higher Elementary School DHES (1924-1945)



Dimboola Memorial High School DMHS (1946-1986)



Dimboola Memorial Secondary College DMSC (1987-2024)

Please join us in celebrating this special occasion

Bookings for the school tours and afternoon tea and the official dinner are available via the QR code, the link below or by the school office on 53891460







ASSESSMENT

DURING HOLIDAYS



Year	Work	Due date/s
Year 7		
English JF	Parvana Diary Entry	Tuesday 16th April 11.59pm
Science HP	Stile lessons: Introduction to Science	Monday 15th April
Health and PE MM	Cyber Safety Assessment Task	Sunday 7th April
German NK	Interview	Tuesday 16th April
Study Skills RS	Typing - Paragraphs	Monday 15th April
Year 8D		
English CP/TR	The Truman Show WBQ1 finish	Monday 15th April
Maths MM/HP	Squizya 2.1	Monday 22nd April
Science HP	Stile lessons: Active Earth and Introduction to Microscope	Monday 15th April
Humanities JF	Viking Museum Exhibition Item and Curator Card	Thursday 18th April
German NK	Wetterbericht script	Monday 15th April
Year 9D		
English KK	Tomorrow, When the War Began Chapter questions	Friday 19th April
Maths MM	Squizya 2.1	Monday 22nd April
Science HP	Body System Diseases Brochure	Friday 19th April
German KL	Complete unfinished tasks in Musik booklet	Monday 15th April
Year 8 and 9 Electives		
Media NI	Script - Restaurant or Chase	Friday 19th of April
Baker's Shop RS	Saltbush information poster	Wednesday 17th April
Textiles RS	Research collage 2	Friday 19th April
Year 10D		
English HS	Select an issue for your oral presentation	Monday 15th April
Health and PE JH	Party Safe Case Studies 1-4	Tuesday 16th April
Work Ready BF	Safe@Work booklet "General" Safe@Work online quiz "Selected Industry" Safe@Work online Quiz	Tuesday 16th April
Senior Subjects	Assessment	Due date/s

Art Unit 1 LS	Visit an Art Gallery Inspiration pages Research artforms, artists Experiment with materials, to processes.	Monday 15th April	
Art Unit 3 LS	Edrolo videos Artwork exploration Visit an Art Gallery	Monday 15th April	
Biology Unit 1 MT	Edrolo videos 4C and4D		Monday 15th April
Biology Unit 3 MT	SAC - U3 AOS1 A3 summaries - DNA manipulation and genetic engineering TMT - DNA Manipulation Edrolo videos - Chapter 4 Edrolo Questions - Chapter 4		Wednesday 17th April
English Unit 1 KK	Minor Text Task Writing Task: personal essay		Tuesday 16th April
English Unit 3 CP	Minor Text Tasks Mentor Text Tasks Analysing Argument Booklet Oral Presentation - ongoing		Friday 5th April Friday 5th April Friday 19th April
Food Studies 1 RS	Chapter 4 booklet		Thursday 18th April
Food Studies 3 RS	Must do:	Should do:	Thursday 18th April
	-Chapter revision qu's: pg 2-10 -Read ch5: Food Choices	Edrolo: Patterns and influences on eating in Australia	
General Math Unit 1 JO	Must do:	Should do:	Monday 15th April
	-Chapter questions: 2b, 2c, 2d, 3a.	Watch Edrolo 3a, 3b	
General Math Unit 3 JH	Chapter 5a,b,c Textbook Questions Holiday Homework Booklet		Monday 15th April
Health HD Unit 1 TA	Holiday homework booklet Edrolo questions 3A and 3B		Monday 15th April
Health HD Unit 3 TA	Holiday homework booklet		Monday 15th April
History Unit 1 JF	Holiday Homework (Extended Responses x 2, Lead up to WWII Notes)		Monday 15th April 11.59pm
Legal Unit 1 NK	Chapter 5 notes (5.1, 5.2 & 5.3) U1AOS2 Week 3 booklet (culpable driving) Edrolo videos		Monday 15th April
Legal Unit 3 NK	Must do:	Should do:	Monday 15th April
	Chapter 6 & 7 notes U3AOS2 Week 1 notes Week 1 Exam Questions	Revise U3AOS1	

Media Unit 1 NI	SAC Revision and Questions SAT 2 - Development and Pre-P SAC - Media Representations	7th of April Ongoing Tuesday 16th of April	
Media Unit 3 NI	SAC Revision and Questions SAT - Pre-development documentation SAC - Narratives and Context		7th of April Ongoing Tuesday 16th of April
PE Unit 1 JH	Chapter 14 Textbook Questions Chapter 14 Homework Booklet		Tuesday 16th April
PE Unit 3 MM	Must do:	Should do:	Tuesday 16th April
	-Edrolo: Acute responses -Peak Performance 3, 4, 5 -Acute response notes -Study clix 2f	-Start Peak Performance chapter 7 -Read chapter 6 & 8	
Physics Unit 3 JO	Must do:	Should do:	Monday 15th April
	-Holiday Terror. -Electric and Magnetic Fields A3 -Refine Cheat sheet.	Watch Edrolo: 3a, 3b, 3c.	
11 Literacy BF	Bucket List Holiday - Section A, B, C		Monday 15th April
12 Literacy BF	Bucket List Holiday - Section A, B, C		Monday 15th April
11 WRS BF	All posters, scripts and planning for the Communication Project (Container Recycling Scheme)		Monday 15th April
12 WRS BF	All posters, scripts and planning for the Communication Project (Container Recycling Scheme)		Monday 15th April



Wellbeing at DMSC- a message from the wellbeing team

Families with kids of varying ages struggle to keep screen time in check

Families with multiple children are struggling to keep their screen time within the recommended limits, new research has found, with calls for more resources to help families navigate the issue.

Current Australian guidelines recommend no screen time at all for children under two years of age, one hour per day for those aged two to four, and two hours daily for children aged five to 12.

But research from the University of Queensland suggests parents of children across multiple age ranges are failing to meet those guidelines.

UQ maternal and child health expert Leigh Tooth led a study looking at almost 2000 mothers and 4543 children aged under 12 to see how they handled screen time.



They found that a little over half the families with two or more children in the same age bracket managed to keep their children to the recommended screen-time limits.

That dropped to just 23 per cent for families with children in multiple age brackets.

Professor Tooth said the results showed many families were struggling, especially when they had children whose recommended screen-time limits were different.

"If a parent has two or three or four kids of different ages, and the iPad is on and so is the TV and the XBox, it's hard to remove their two-year-old from that," she said.

"Kids aged two to four, we found around 92 per cent of them are exceeding the guidelines, so they're just doing the screen time of their older siblings, which is two hours or more a day."

Professor Tooth said the finding was not necessarily surprising, but this was the first time anyone had quantified exactly how bad the problem had become.

National screen-time guidelines are based around preventing children from having sedentary lifestyles, rather than specific harm from watching screens.

Professor Tooth said the issue was complicated by the fact that more educational and enriching content was now available via screens.

"It's not black and white, but for kids under five, they need play-based activities – they need to be in the sandpit, falling over, exploring their surroundings – to develop their cognitive abilities," she said.

"But screen time has evolved a lot over the years, and a lot of the early research on the subject was based on just parking a kid in front of a TV. The reality today is a lot more complex."

Pandemic lockdowns further complicated the issue, with children forced to do both schooling and recreation at home, although the data used in this research predated the pandemic.

Professor Tooth said national health authorities needed to do more to ensure parents could proactively meet the guidelines, rather than just stating them and letting parents figure it out for themselves.

She said in the same way that there were many resources to help people meet diet and exercise recommendations, similar resources should be available to help parents navigate a world in which their children are increasingly exposed to screens.

"There need to be more parenting resources showing how to juggle screen time between multiple kids," she said.

"I would love to see the guidelines themselves tweaked or changed to reflect the reality of the modern world and having multiple children, rather than the black-and-white thing it is now."

Article by Stuart Layt
Posted February 15, 2022
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Herald

