

Hilltop News

DMISC

DIMBOOLA MEMORIAL SECONDARY COLLEGE

Term 1, Week 7,  $15^{th}$  March 2024

"Facta non Verba"

Dimboola Memorial Secondary College would like to acknowledge the Traditional Owners of the Wimmera Mallee area: The Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagalk peoples, and pay our respects to Elders past, present and emerging.

🖀 Phone: 53891460 🔎 www.dmsc.vic.edu.au 🖄 dimboola.memorial.sc@education.vic.gov.au 🖶 Fax: 53891981

# SHARE A PIECE OF HISTORY: SEEKING MEMORABILIA



#### THE CENTENARY COMMITTEE NEEDS YOUR HELP.

IF YOU HAVE ANY PIECES OF MEMORIABILIA FROM THE PAST 100 YEARS,WE WOULD LOVE TO PUT THEM ON DISPLAY DURING OUR CENTENARY CELEBRATIONS.

PLEASE CALL THE DMSC FRONT OFFICE ON 53891460. LOANED PIECES CAN BE DROPPED OFF AT THE SCHOOL OR COLLECTED FROM A LOCAL LOCATION.







Upcomin	g Events and Dates	Principal President Vice President	Sally Klinge Rhianna Paech
18 <sup>th</sup> – 20 <sup>th</sup> M 22 Mar	lar - NAPLAN Catch-up - Great Western Region Swimming	Secretary Treasurer	Charlotte Pyers (DET)
25 Mar 26 Mar	- Year 7 and 10 Vaccinations - Parent-Teacher Meetings - House Athletic Sports	DET Rep Parent Reps	Jess Fell Yolande Hutson, Alastair Griffiths, Brett Schultz
28 Mar	- Term 1 Ends	Student Reps Community Reps	Rian Pyers, Ethan Angel-Hands Charles Rees (RSL), Neil Zippel
RESPECT	HONESTY EXCELLENCE CARE FRE	FDOM DMS	C IS A CHILD SAFE SCHOOL

### **Principal's Message**

It is hard to believe that there are now less than two weeks of the term left. Students and staff have been completing assessment tasks for the Term 1 reports which will be finalised next week. These will be available to parents and carers via XUNO next Friday 22<sup>nd</sup> March and can be used to form the basis of discussions at the Parent-Teacher meetings to be held on Monday 25<sup>th</sup> March from 3.30 to 5.30pm. Bookings for these sessions will be online and the link for this will be sent via text message. Instructions are also available later in the newsletter. I encourage everyone to make the most of this opportunity to discuss ways in which the partnership between families and the school can be used to optimise student learning.

#### NAPLAN this week

Students in Years 7 and 9 have undertaken a series of tests this week to ascertain their areas competency in the of Reading Comprehension, Writing, Conventions of language and Numeracy. If your child was unable to attend the morning sessions this week, arrangements will be made for them to catch up the tests next week. Please contact one of our NAPLAN coordinators – Ms Klinge or Mr Hobbs if you need clarification about this.



#### **School Council AGM**

Next Monday 18<sup>th</sup> March is our School Council AGM. This will be held in the staff social room in the Administration Building at 6pm. The first draft of the Annual Report to the school community will be presented at this meeting. We will welcome two new parent representatives – Desiree Cross and Angela Taylor to the Council and elect our committee for 2024.

#### **Student Voice and Leadership group**

Our 2024 Student Voice and Leadership group have been busy planning some activities for the year and producing a short video about events in the school. The two student groups that make up the SVL provide agency to the voices of all students in the school and give them ownership of things that engage them in their school experience. Congratulations to the following students for their willingness to be part of the SVL team this year.

Hilltop Talkshow Team	Activities and Fundraising Team	
Ethan Angel-Hands	Seb Ryan	
Marcel Badua	Hailey Bentley	
Liam Campbell	Tanner Eldridge	
Nicole Pretorius	Ava Henderson	
Rebecca May Williams	Sienna Avery	
	Lily Baker	
	Emma Glover	
	Temika Greig	
	Giselle Clugston	
	Sophie Cook	
	Laura Ford	
	Tahnee Glover	
	Billie Ward	

#### School Centenary

Plans are well underway for the celebration of 100 years of schooling at Dimboola Memorial Higher Elementary School, Dimboola Memorial High School and Dimboola Memorial Secondary College. Places are still available for the formal dinner and for the afternoon commemoration service and school tours. The planning committee is seeking memorabilia for a display in the Library and Reading Room areas on Saturday 25<sup>th</sup> May. If your family or someone you know has items such as uniforms, exercise books and badges that they would be willing to loan to the school for this display, we would love to hear from you. Please contact the school to arrange collection of the pieces or simply drop them into the front office.

Sally Klinge Principal

# Year 8/9 Baker's Shop Elective

Students made Finger Buns! - Mrs Schache











# Year 8/9 Baker's Shop Elective



### Hands on Learning

This week marks the second week of Hands on Learning for 2024. Students enjoyed scones, jam and cream made by Cam Eldridge and Lochlan McMahon. The scones went down a treat, compliments a plenty.

Our vegetable garden is still producing tomatoes, the raspberries and loganberries had a prune whilst the rest of the beds had a weed.





Students have been designing a laser image that will be cut onto acrylic and lit up with LED's, on Wednesday they practiced using a soldering iron to join the LED to wire.

Donna Baldock Hands on Learning Coordinator







### Year 7 - 12 Parent-Teacher Meetings

Parent-Teacher meetings are on Monday 25<sup>th</sup> March 2024.

Meetings are 5 minutes in person or phone calls.

- 3:30pm to 4:55pm (In Person)
- 5:00pm to 5:30pm (Phone Calls)

Bookings will be opened on Monday after school 18<sup>th</sup> March 2024.

If you require more time with a particular teacher, please ring the school on 03-53891460.

# **Go to <u>www.schoolinterviews.com.au</u>** or QR CODE using your phone camera

MAKE A BOOKING

enter the code

eyauf



Enter your details.



Select the teachers you wish to see.





Select the appointment times that suit your family best.



When you click FINISH your selected bookings will be emailed to you immediately. If you do not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect.

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at

later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders will not be sent home.

#### Bookings must be finalised by 24<sup>th</sup> March 2024.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to <u>www.schoolinterviews.com.au</u> and enter the code and the email address you used when making your bookings





# HARMONY DAY

# Friday 22nd of March Wear Orange for Harmony Day

Taste foods from around the world

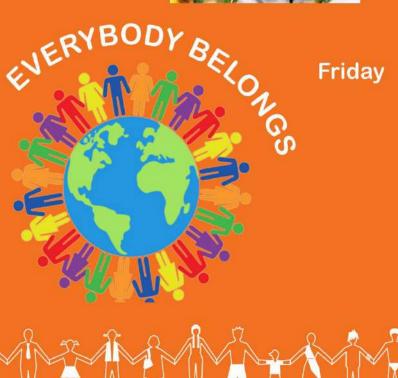




### Participate in different sports

Thursday - Recess (Gaelic Football) - Lunch (Korfball)







Friday - Recess (Soccer)

- Lunch (Sepak Takraw)



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Ν	<ol> <li>Attend the closest appropriate</li> <li>Reside 4.8km or more from the</li> </ol>	•		cticable route calculated by	
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Ν	Our school office is open from 8.30am each day. Please use this time to contact	•	-	letails are as follows: morial Secondary College	С
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3	HOMEWORK?			S.M.A.R.T	E
Μ	DO THEY REGULARLY HAV	E OVERDU	E	sessions.	
Α	WORK?			Tuesdays	S
	This is an opportunity for all students	to complete o	classwork	Tuesdays and Wednesdays	S
R	and homework under the supervision Students are recommended to attend	d to help them	keep up to	weanesdays	
т	date with work and to gain extra he tasks.	p with their a	ssessment	Library	
	If you have any questions, please rin Mrs Charlotte Pyers.	ng the office o	or speak to	3.20 - 4.30	0
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## Snapshot of La Trobe University in 2024



- La Trobe University is ranked in the world's top 300 universities by Times Higher Education World University rankings 2024, and in the top 1% of universities worldwide - <u>Rankings & Ratings</u>.
- La Trobe has more than 36 000 students and over 3 000 staff, with many <u>courses</u> on offer including numerous double degree options, and postgraduate courses too.
- La Trobe has three metro and four regional <u>campuses</u> plus a number of <u>residential</u> <u>facilities</u>.
- Over 50% of students who study at the Bendigo campus come from outside of Bendigo - <u>La Trobe - Bendigo</u> with over 500 students living on campus - <u>La Trobe</u> <u>Bendigo Accommodation</u>.
- La Trobe offers many <u>scholarships</u> both access and equity scholarships, and academic merit scholarships.
- <u>Student Exchange</u> opportunities are extensive at La Trobe.
- La Trobe offers an early admissions program called the <u>Aspire Early Entry Program</u> which is a way to access an adjusted Aspire ATAR for a preferred course and secure an early conditional offer. These students are also eligible for one of 40 <u>Aspire</u> <u>Scholarships</u>.

Information from Compass Career News

# **POSSIBLE CAREERS**

### What is a Sports Physiotherapist?

Sports physiotherapy is a specialised branch of physiotherapy, and sports physios provide advice on how to avoid sports injuries, treat injuries and help recovery for those playing recreational sport right through to elite sport.

To become a sports physio, one will first need to complete a four-year bachelor degree in physiotherapy. Alternatively, students can complete an associated bachelor degree, such as in exercise physiology, followed by a postgraduate qualification in physiotherapy.

Physiotherapists can later choose to practice in sports physiotherapy but are unable to refer to themselves as a sports physio until they have achieved titled membership of the <u>Australian Physiotherapy Association (APA</u>).





#### Australian Apprenticeships and Traineeships Information Service

The Australian Apprenticeships and Traineeships Information Service (AATIS) offers pathways information to students, job hunters, career advisers and employers. AATIS is free to use.

The Australian Apprenticeships Pathways website -<u>AAPathways</u> - is a hub providing in-depth information about Australian apprenticeships and traineeships, including information on <u>in-demand occupations</u>.

Students are encouraged to browse both the AAPathways website, as well as the <u>AATIS</u> website.

### Studying Forensic Science at Deakin

Deakin is the only university in Australia offering an accredited Bachelor of Forensic Science degree.

The course exposes students to the full scope of modern forensic science, from simulated crime scenes to courtroom presentations. There is a strong focus on practical training, and students graduate with the skills needed to confidently examine, interpret and present forensic evidence.

Students can elect to customise their degree to suit their interests by selecting to specialise in forensic biology or forensic chemistry.

Find out more at Bachelor of Forensic Science at Deakin.



# **CAREER EVENTS**

### **RMIT Campus Tours in April**

In the April school holidays, RMIT will be hosting tours across each of its campuses - a great opportunity for students to find out more about their options after high school.

Places are limited, so students are encouraged to book in early!

Browse <u>Campus tours</u> and register for the campus, day and time that suits best.





# GAP Year Opportunities with CCUSA

At CCUSA, we specialise in facilitating work placements at summer camps in the USA and Canada for young travellers. These opportunities are available during a gap year, before, during, or after university, college, or TAFE.

Many Australians find that a GAP year experience between high school and tertiary studies or after graduating university, before entering the workforce, is an effective way to acquire essential skills - communication, collaboration, and creativity.

Two of CCUSA's programs are:

#### Camp Counselors USA and Canada Programs

These programs are open to individuals aged 18 and over by 1 June of each year. The program typically runs from June to September. Australians are highly sought-after to work as camp counselors/leaders at the 1000+ camps CCUSA collaborates with across the USA and Canada.

#### Work Experience USA Program

Tailored for seniors heading directly into University, College, or TAFE in 2025, this program seamlessly fits into their summer holiday break 2025 after their first year of university. Work Experience USA allows students to work in the USA at ski resorts such as Aspen or various Vail resorts. The job opportunities range from hospitality and retail to on-mountain roles for proficient skiers/snowboarders.

Find out more at CCUSA AUSTRALIA - Summer Camp Jobs, Work Experience, Volunteer

# **#WORKATCAMP**

# **CAREERS & COURSES**

## Data Science & Information Systems degrees in Victoria 2024

**Data science** combines multiple fields, including statistics, scientific methods, artificial intelligence (AI), and data analysis, to extract value from data. Note: Data Science is often offered as a major in Science or Computer Science degrees.

**Information Systems**, an integrated set of components for collecting, storing, and processing data and for providing information and digital products. Note: Information Systems is also often offered as a major in Science or Computer Science degrees, as well as some Business degrees.

INSTITUTION	COURSES IN 2024	VCE ENTRY REQUIREMENT
Deakin University Bachelor of Data Science		Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.
Federation University	Bachelor of Information Technology (Business Information Systems)	Units 3 and 4: a study score of at least 20 in any English.
Monash University	Bachelor of Applied Data Science Note: the <u>Bachelor of Applied Data</u> <u>Science Advanced (Honours)</u> is also offered	Units 3 and 4: a study score of at least 27 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 25 in one of Maths: Mathematical Methods or Maths: Specialist Mathematics.
RMIT University	Bachelor of Data Science Note: the <u>Bachelor of Data Science</u> ( <u>Professional</u> ) is also offered	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 20 in any Mathematics* *General Maths, Maths Methods, or Specialist Maths
Swinburne University	Bachelor of Data Science	Units 3 and 4: a study score of at least 25 in English other than EAL or at least 30 in English (EAL); Units 1 to 4: satisfactory completion in two units (any study combination) of any Mathematics.
Victoria University Bachelor of Data Science		Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; Units 3 and 4: a study score of at least 20 in any Mathematics * *General Maths, Maths Methods, or Specialist Maths

# DHES DMHS DMSC

# is turning

# Saturday 25th May 2024



Dimboola Soldiers Memorial Higher Elementary School DHES (1924-1945)



Dimboola Memorial High School DMHS (1946-1986)



Dimboola Memorial Secondary College DMSC (1987-2024)

# Please join us in celebrating this special occasion

Bookings for the school tours and afternoon tea and the official dinner are available via the QR code, the link below or by the school office on 53891460 https://buytickets.at/dimboolamemorialsecondarycollege/1079075





# Wellbeing at DMSC- a message from the wellbeing team Fast Food or Healthy Food

#### How green smoothies and kale became cooler than Macca's

You expect them to be downing junk food like Macca's at a rapid rate. But, somehow, what would be a key market is turning their backs on greasy and fried.



IT'S before 7am on a weekday morning and 15-year-old Georgia Boonen is filling her Nutri Ninja with kale, banana, blueberries and almond milk for a liquid breakfast she'll take to her private girls school in Sydney's Eastern Suburbs. And when she gets to first-period maths, she won't be the only one sipping a superfood smoothie between simultaneous equations.

"It's become a real sort of culture at school," says the eloquent teen, who asked for the blender as a birthday present. "Eating healthily is definitely something that's admired. We all still enjoy brownies and things that are more on the junk-food spectrum, but if you bring a juice in, everyone's like, 'Ooh, you're a good girl.""

Vegetable juices, organic wholefoods and leafy greens aren't traditionally associated with the adolescent food pyramid of hot chips, pizza and Red Bull. So the increasing

popularity of "clean eating" among teenagers, while pleasing, may be more than a little ironic for parents who spent the best years of their life begging, bribing and ordering the same offspring to ingest a single atom of broccoli.

"It's a really accessible way for the girls to include a lot of fruit and vegetables in their diet," says Georgia's mother."The instantness of it and the fact it can be quite creative definitely appeals to that generation as well."

"A lot of my friends follow nutritionists on Instagram," Georgia says, "and everyone posts what they're eating: smashed avo, chia pudding, acai bowls." (To the uninitiated, the latter is the gelatinous bowls of blended superberries topped with homemade granola, fruit or cacao nibs and are, in the hands of a creative teenage girl coming out of her cupcake-icing phase, a sort of edible craft project.)

In fact, the hashtag #acaibowl turns up some 200,000 examples on Instagram, while the allpurpose #eatclean hashtag has over 21 million posts, demonstrating just how crowded the category has become. As often as not, it's young women and girls turning a batch of raw sesame bliss balls or spiralised zucchini 'pasta' into not just enormous social-media followings, but day jobs and big business as well.



Closer to home, Claire Wingrove, a 19-year-old student from Melbourne, has turned her amateur passion for wholefoods into a 43k-strong following on Instagram (@healthylivingaus), and has launched her own e-book of recipes that she's been developing since she began schooling herself in natural foods at age 14, while recovering from spinal surgery.

Although she considers herself vegan, Wingrove's approach to nutrition is refreshingly common-sense. "I aim for plant-based foods," she says, "but I don't like to put any labels on myself, because that restricts what you can do. Health is all about balance, but once you start eating well and realise how good it makes you feel, you really don't want to go back to eating buckets of chips. Teenagers want to feel good, and seeing all that colourful healthy food looking appealing on Instagram is having a massive impact."

At first glance, clean eating may seem like a trend reserved for teenagers from privileged homes, but that's not the whole story.

It's sadly true that for every sensible young woman living and preaching the wholefood message, there's a dozen more using the trend as a cover for disrupted eating. After her rapid rise to Insta-fame as The Blonde Vegan, US-based blogger Jordan Younger recently admitted that the plant-based, organic, sugar-/gluten-/dairy-free diet that was the basis of her app, clothing line and blog was so unhealthily restrictive that she'd ceased menstruating, developed several nutritional deficiencies and the idea of having to accidentally eat an "unclean" food gave her panic attacks.

Now rebranded as The Balanced Blonde, Younger identifies her experience and approach to food as "orthorexia" which, although not yet an officially recognised eating disorder, is a term increasingly used to describe an approach to eating that's so obsessively 'healthy' that it ends up harmful.

Parents of impressionable daughters are right to be hyper-aware of the signs that disrupted attitudes to food could be hiding behind apparent health consciousness, says Christine Morgan of the Butterfly Foundation, the organisation that supports people affected by eating disorders.

"What should be driving any choice about food is what's physically good for the body, as distinct from any kind of trend," says Morgan. "Be wary of excessiveness, of rigidity and of whole food groups being excluded when there's no medical reason to do so. The fact is, if you have a genetic vulnerability towards an eating disorder, depriving yourself nutritionally gives you a high chance of triggering [an] illness."

"As a parent," she adds, "I'd reiterate that what's presented on social media isn't reality. No one posts the bad bits." The takeaway for teens? While green juice is great, the reheated pizza just out of shot still deserves its place at the table.



# Wellbeing at DMSC- Friday 1<sup>st</sup> March

The Circus Challenge visited DMSC on Friday the 1<sup>st</sup> of March. Students in years 7-10 were actively involved in juggling, plate spinning and acrobats.

Selected students and staff were 'on stage' in almost every routine.

It was fun, energetic and challenging to learn new skills.

Students were all very enagged and were having fun!



circuschallenge.com

It was nice to have a fun performance and see the students working together. Mrs Simpson & Mr Corbett



People rarely succeed unless they are having fun in what they are doing!

-DALE CARNEGIE











Life can never be too colourful, too exciting, or too much fun !







# Toxic Achievement Culture

# Toxic achievement can effect a young person's:

- Mental health and wellbeing
- Physical health
- A loss of passion and burnout
- Strain peer and family relationships

# Avoid adding to the pressure by:

- Setting realistic expectations
- **Cultivating** a growth mindset
  - **Encouraging** a work-life balance
- **Promoting** inclusivity and collaboration
- Recognising and rewarding effort

Toxic achievement culture is a critical societal issue where an individual's selfworth is entangled to their academic or extracurricular achievements.

This culture is not merely about striving for success; it represents a deep-seated belief that a student's value is solely dependent on performance, often propelled by external pressures from parents, schools, and society.

This relentless drive to excel is leading many students to prioritise accolades over genuine learning and personal growth, often at the expense of their own wellbeing and interpersonal relationships. Some students are overfilling their schedules with activities aimed to "get ahead". However, the consequences are proving to be detrimental on students' mental and physical health resulting in burnout and heightened stress levels. We need to advocate for a more balanced and holistic approach to achievement, emphasising the importance of resilience, wellbeing, and the pursuit of diverse interests. There is nothing wrong with having ambition, but it's crucial to ensure that this desire doesn't push our young people into a toxic cycle of achievement and make them feel they must achieve in order to matter.





#### **Setting realistic expectations**

Adult carers should establish achievable goals and expectations, acknowledging the limits of their offspring. Unrealistic expectations only lead to burnout and dissatisfaction.

#### Cultivating a growth mindset

Encourage students to see challenges as opportunities to grow rather than insurmountable obstacles.





#### Encouraging a work-life balance

Create an environment where work-life balance is not just supported, but actively encouraged. This might include balancing academic work with a part time job, adequate sleep, exercise and time with friends.

#### Promoting inclusivity and collaboration

Shift the focus from individual achievements to collaborative efforts. Encourage students to work together, fostering a sense of community rather than unhealthy competition.





#### **Recognising and rewarding effort**

Celebrate milestones and efforts, not just end results. Recognising hard work and dedication can boost morale and motivation.

# ASSESSMENT

Term 1, Week 8 <u>18th – 22nd</u> March



Year		Work	Due date/s
Year 7			
English	JF	Parvana Workbook Questions 2	Sunday 17th March 11.59pm
Maths	Oſ	Squizya 1.8	Tuesday 19th March
Humanities	HS	God/Goddess Research Task	Wednesday 27th Marcl
Health and PE	MM	Activity 9 & 10 of Athletics booklet	Tues 19th March
German	NK	Duolingo & Blooket	Ongoing
STEAM	NI	House Design Model	Ongoing
Study Skills	RS	SMART Goal checklist	Tues 26th March
Art	LS	Designs for Disney Pinch pot sculpture	Mon 19th March
Year 8D			
English	CP/TR	Reality TV Booklet	Friday 22nd March
Maths	MM/HP	Squizya 1.7	
Humanities	JF	Overdue Term 1 work (weekly booklets and Viking raid narrative diary entry)	Monday 18th March 11.59pm
Health and PE	JH	Humour Assignment	Overdue
German NK		Wetterbericht	Thursday 28th March
Year 9D			
English KK		<i>Tomorrow, When the War Began</i> Chapter questions (6-8) Spelling test	Wednesday 20th Marc Friday
Maths MM		Squizya 1.7	
Humanities	TR	Feedback survey	Thursday 21st March
Health and PE NI		Mental Health Test	19th of March
Year 8 and 9 Electi	ves		
Media	NI	Chase Scene Production	Ongoing
		Rain Man (1988) Character Analysis	19th of March
Sport JD		Sport Related Article Review	Friday 22nd March
Art	LS	Mandala designs for bowl series	Wed 20th March
Textiles	RS	Pin cushion, sewing sampler, maze, buttons	
·····		Research Collage no. 1	
Year 10D			
English	HS	Essay planning and cheat sheet preparation	18th March Prac SAC
Maths	JD	Simple Interest and Compound Interest comparison worksheet	25th March SAC 21st March
· · ·		Brain dissection	Friday 22nd March
Humanities	TR	WWII Feedback Survey	Thursday 21st March
Health and PE	JH	Party Safe Case Studies	Ongoing
Work Ready	BF	Keeping Safe@Work - Activities 6 to 9	Thurs 21st March
		Activities 1-5 should be finished	Overdue

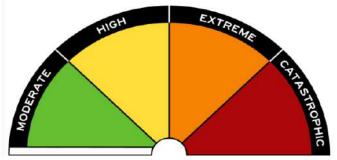
Senior Subjects				Due date/s
Art Unit 1	LS	Consolidate historical development of three artforms/document in visual diary.		Mon 18th March
		Annotate artform experir		
Art Unit 3	LS	Artists documented in vis for critique	sual diary in preparation	Mon 18th March
		Experiments with materia	als. techniques and	
		processes in specific artfo	•	
		Document, reflect, evalua	ate individual artmaking	
Business Man Unit 1	HC	Edrolo 2DEF Questions		Friday 22nd March
		Chapter Summary 2DEF		
Biology Unit 1	MT	Edrolo U1 AOS1 - Progres	ss Check 2	Monday 18th March
		Edrolo 4B - Video and vid	leo notes	
		Edrolo 4A - Questions		Friday 22nd March
Biology Unit 3	MT	Edrolo 4A and 4B - Quest	tions	Wednesday 20th March
		Edrolo 4C and 4D - Video	•	
		CRISPR summary poster		
English Unit 1	KK	The Longest Memory Cra	fting text questions	Thursday 28th March
English Unit 3	СР	Minor Text Tasks & Ment	tor Text Tasks	Friday 5th April
General Math Unit 3	Hſ	Chapter 4 Textbook Ques	stions	Monday 25th March
				Monday 25th March
Health HD Unit 1	ТА	3A booklet 3A Edrolo		Wednesday 20th
Health HD Unit 3	ТА	2D and 2E Edrolo questions		Friday 22nd
History Unit 1	JF	SAC Revision		Tuesday 19th March
Legal Unit 1	NK	AOS2 Week 2 Booklet		Monday 18th March
Legal Unit 3	NK			Monday 18th March
			Week 7 Exam Style Questions	
Maths Methods Unit	3 HC	Chapter 5 questions Edrolo: Exponentials and Logs		Thursday 21st March
Media Unit 1	NI	PRAC SAC - Media Representations		18th of March
		SAT 2 - Development and		ongoing
Media Unit 3	NI	PRAC SAC - Narratives and Contexts		18th of March
		SAT - Scripts and Concept		25th of March
PE Unit 1	JH	Complete Activity Plan and 2-week diary Chapter 13 Textbook questions and Homework Booklet		Ongoing
	N 4N 4			Friday 22nd March
PE Unit 3	MM	Must do: Study clix 1e	Should do: Update biomechanics	Tues 19th March
		Peak Performance	cards	
			Watch Edrolo as	
			revision	
Physics Unit 3	JO	Must do:	Should do:	Wednesday 19th March
		A3 Summary and	Watch Edrolo videos	
		glossary-Energy	2a-2e	
		10 min terror T1W7		
11 Literacy	BF	Bucket List Holiday Plann	· · · · · · · · · · · · · · · · · · ·	Friday 22nd March
12 Literacy	BF	Bucket List Holiday Plann	· · · · · · · · · · · · · · · · · · ·	Friday 22nd March
11 WRS	BF	Communication Project -		Monday 25th March
12 WRS	BF	Communication Project -	Action phase	Monday 25th March



## 2024 Fire Season

#### School procedures for the bushfire season

#### The new Fire Danger Ratings



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Plan and prepare

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Be ready to act

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Take action now to protect life and property For your survival, leave bushfire risk areas

Fire danger ratings and warnings are used in Victoria to provide clear direction on the safest options for preserving life. Schools and children's services listed on the DET Bushfire At-Risk Register (BARR) will be closed when a Catastrophic fire danger rating (FDR) day is determined in their Bureau of Meteorology district.

**Our school has been identified as being one of those at high bushfire risk and is listed on the BARR.** Where possible, we will provide parents with up to four days' notice of a potential Catastrophic FDR day closure by letter and SMS message. A Catastrophic FDR day will be determined by the Emergency Management Commissioner no later than 1.00 pm the day before the potential closure. Once we are advised of the confirmation of the Catastrophic FDR day, we will provide you with advice before the end of the school day.

**Once confirmed, the decision to close will not change, regardless of improvements in the weather forecast.** This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to note that:

- No staff will be on site on days where the school is closed due to a forecast Catastrophic FDR day.
- School camps will be cancelled if a Catastrophic FDR fire danger rating day is determined for the Bureau of Meteorology district in which the camp is located.
- As a bus co-ordinating school all bus routes will be cancelled.

On these Catastrophic FDR days, families are encouraged to enact their Bushfire Survival Plan – on such days, children should never be left at home or in the care of older children. For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Catastrophic FDR days are forecast, the safest option is to leave the night before or early on the morning of the Catastrophic FDR day. As part of preparing our school for potential hazards such as fire, we have updated and completed our Emergency Management Plan, and reprioritised any maintenance works that may assist in preparing for the threat of fire and cleared our facility's grounds and gutters.

#### What can parents do?

- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is closed.
- Ensure we have your current contact details, including your mobile phone numbers. Keep in touch with us by reading our newsletters and by checking our website. http://www.dmsc.vic.edu.au/ or Facebook page and reading sms messages from the school.

If you have any further concerns, please contact either Sally Klinge (Principal) or Charlotte Pyers (Assistant Principal) at the college. 5389 1460

- Most importantly at this time of year, if you're planning a holiday or short stay in the bush or in a coastal area, you should check warnings in advance of travel and remain vigilant during your stay.
  - If your child is old enough, talk to them about bushfires and your family's bushfire survival plan.
- You can access more information about children's services closures on the Department of Education and Training website.

- see http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx

### For up-to-date information on this year's fire season see:

- https://emergency.vic.gov.au
- Facebook (facebook.com/cfavic)
- Vic Emergency app



06 March, 2024

#### **RE:** intercultural celebration

Dear Parent/Guardian,

I hope this letter finds you well.

Wimmera Southern Mallee Development (WSMD) is happy to offer young people and their families the chance to join in an intercultural day out at the Dimboola Rowing Club beside the Wimmera River.

The day will be for youth aged between **12 and 25 years, and their families**. Some hot food (BBQ) will be provided. We also ask everyone to **please bring a plate of food to share**. If you can, please bring a food that has a connection to your family's culture/s.

Families may wish to use the facilities for fishing, swimming, or sports. **Parents and Guardians are asked to supervise children under 18** for these activities and for the duration of the event.

If young people aged 12-17 wish to attend without a parent or guardian, they may do this if they return the **permission form for youth aged 12-17**. They will be supervised by WSMD staff (Meg, Nan Da San, and K'lu Say).

At this event, WSMD staff will facilitate some organized activities (children's Easter egg hunt, youth scavenger hunt, photography competition).

Youth and families may also wish to engage in their own activities including fishing, swimming, and kayaking. These activities are not part of the main event and will not be facilitated by WSMD staff. Parent/guardian supervision for these activities is strongly recommended.

When: Saturday 6 April, 11am - 3pm.

Where: Dimboola Rowing Club

Travel Instructions: You have the choice to meet us there, or to use the bus provided.

#### If you are using the bus:

- Nhill: bus departs from Hindmarsh Shire Council, 92 Nelson St (opposite IGA), 10:30am.
- Horsham: bus departs from the Centre for Participation, 39 Urquhart St, Horsham, 10:30am.
- Both buses will depart Dimboola at 3pm for return to Nhill and Horsham.

#### If you are using your own transport:

The safety of you and your children is your responsibility while you are using private transport. Please arrive at Dimboola Recreation Reserve (beside Dimboola Rowing Club) **by 11am**.

#### Cost: free

What to do if you would like your child/ren to participate:





#### **Contact:**

Meg Lee- ph: 0493 125 189 e: meg.wimmerayouth@gmail.com, or

K'lu Say Say- ph: 0499 651 586 e: klusay88@hotmail.com, or

Nan Da San Bleh Dah- ph: 0469 064 696 e: <u>NBlehDah@hindmarsh.vic.gov.au</u>

#### Please tell us these things:

- how many of you are coming
- how you will get there
- if there are any foods you or your child/ren cannot eat, or are allergic to.
- any accessibility needs

If your child/ren are aged 12-17 and will be going to the event without a Parent of Guardian, please complete the permission form for youth aged 12-17.

Kind regards,

Meg Lee





#### April 6 intercultural celebration: Registration form for families and adults

To help us do our work better, we would like to learn a few details event attendees. Please take a few minutes to complete this form. If you have any questions, please contact Meg Lee, WSMD multicultural youth worker, on 0493 125 189 or <u>meg.wimmerayouth@gmail.com</u>

1. Attendee details		
Family name:		
Family members: If adults do not want to share their age, you ma uncle, aunty, grandparent, etc.) instead. You do not have to share your gender identity in		
1. name:	age:	gender:
2. name:	age:	gender:
3. name:	age:	gender:
4. name:	age:	gender:
5. name:	age:	gender:
6. name:	age:	gender:
Address:		
Cultural Background/s:		
Year/s Arrived in Australia (if applicable):		
Is an interpreter required? Y / N		
Language/s Spoken At Home:		
Contact Phone/Mobile No:		
Email address:		



#### 2. Medical Information

Please list any known allergies:

Please list any food allergies and dietary requirements:

Please indicate any disabilities or illness that the program needs to be aware of:

Autism	Vision Impairment	ADHD	Hearing Impairment
Epilepsy	Diabetes	Asthma	Other:

Further details of any illness, disabilities, or accessibility needs:

#### 3. Transport

How will you travel to and from Dimboola for this event? (please tick one)

Take the provided bus from Nhill (departs 10:30am)

Take the provided bus from Horsham (departs 10:30am)

Travel independently (e.g., by car)

IF you are taking the bus, how many seats will you need (please write)?

#### 4. Communications

How did you hear about this event?

Do you want to be contacted by WSMD staff in 2024 about more events for young people and families? (Please circle)

Yes / No

Preferred phone number/ email address: \_\_\_\_\_\_

Thank you for your time completing this form.

## Saturday, 6 April 2024: You're invited! Bring your family & friends for a free intercultural day on Wotjobaluk Country, at Dimboola Rowing Club.



# What should I bring?

- Family and friends
- Water bottle, hat
- A plate of food to share, if you can
- Sports equipment (optional)

### Want to come? Contact

#### Meg Lee

e: meg.wimmerayouth@gmail.com ph: 0493 125 189

K'lu Say Say

ph: 0499 651 586

e: klusay88@hotmail.com

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e: NBlehDah@hindmarsh.vic.gov.au

# Travel by car or take the bus: you decide.

**Organised activities** 

from 11am:

Children's Easter egg hunt (under 10s)

> Youth team scavenger hunt (10-25s)

Photography competition

**BBQ** lunch

# Buses depart 10:30am from

- Hindmarsh Shire Coucil (opposite IGA), Nhill
- Centre for Participation, 39 Urquhart St, Horsham

Buses depart from Dimboola Rowing Club at 3pm, for Horsham and Nhill

Travelling by car? Meet us at Dimboola Rowing Club!



Fishing, kayaking, or swimming require parental supervision. Fishing licences are the responsibility of individuals.





WIMMERA SOUTHERN MALLEE DEVELOPMENT



#### April 6 intercultural celebration:

#### Form for youth aged 12-17 years attending without a Parent or Guardian

#### **Excursion description:**

An intercultural day out at the Dimboola Rowing Club beside the Wimmera River.

The day will be for youth aged between **12 and 25 years, and their families**. Some food (BBQ) will be provided. We also ask everyone to **please bring a plate of food to share**. If you can, please bring a food that has a connection to your family's culture/s.

At this event, WSMD staff will facilitate some organized activities (children's Easter egg hunt, youth scavenger hunt, photography competition).

Youth and families may also wish to engage in their own activities including fishing, swimming, and kayaking. These activities are not part of the main event and will not be facilitated by WSMD staff. Parent/ guardian supervision for these activities is strongly recommended.

This form is for young people aged 12-17 who wish to attend without a parent or guardian, They will be supervised by WSMD staff (Meg, K'lu Say, Nan Da San).

#### Excursion date: Saturday, April 6, 2024

Excursion details / participation:

Nhill: bus departs from Hindmarsh Shire Council, 92 Nelson St (opposite IGA), 10:30am.

Horsham: bus departs from the Centre for Participation, 39 Urquhart St, Horsham, **10:30am**.

Both buses will depart Dimboola at 3pm.

1. Young person details		
Given Name:		Surname:
Address		
Date of Birth:	Age:	Male/Female/Non-Binary/Prefer not to say
Country of Birth		Cultural Background:
Year Arrived in Australia (if applicable):		Is an interpreter required? Y / N



Language Spoken At Home:

Contact Phone/Mobile No:

Email address:

2. Parent or Guardian Details	
Given Name:	Surname:
Address	
Country of Birth	Cultural Background:
Year Arrived in Australia (if applicable):	Is an interpreter required? Y / N
Language Spoken At Home:	
Contact Phone/Mobile No:	
Email Address:	

3. Secondary Emergency Contact Details		
Given Name:	Surname:	
Country of Birth	Cultural Background:	
Language Spoken At Home:	Is an interpreter required? Y / N	
Contact Phone/Mobile No:		
Email Address:		

#### 4. Medical Information

Name of Doctor/ Medical Service:

Student Medicare Number:



#### Please list any known allergies:

Please list any food allergies and dietary requirements:

Please indicate any disabilities or illness that the program needs to be aware of:

Autism	Vision Impairment	ADHD	Hearing Impairment
Epilepsy	Diabetes	Asthma	Other:

Futher details of any illness, disabilities, or accessibility needs:

Will the student be require to take any medication whilst at the program? If so, Please provide details below:

Student name:

Medication:

Dose/Frequency:

#### 5. Parental/ Guardian Permission

#### **Participatory Release:**

I hereby and forever release, discharge, indemnify and hold harmless Wimmera Southern Mallee Development and their employees and agents for any accidents, harm, loss or damage which my child may suffer or sustain in any way connected to the activities as a part of this youth event. I authorise staff, in the event of an accident or illness, to obtain all necessary medical assistance and treatment for my child and I agree to meet whatever cost may be incurred in respect of the provision of any necessary medical services. In the event of my child requiring medical attention I understand that the program workers will endeavour to communicate with me concerning the required action. I also agree that program staff and volunteers are not responsible for theft of clothing or valuables during my child's involvement in this program. The information I have provided on this form is correct.

What does that mean?



Like any trip, this trip has some risks. For example, one risk would be that you fall over and get hurt. If something like this happens, WSMD staff will help you. They will: do their best to let your parents or guardian know, as soon as they can. do their best to keep you safe and healthy. They might need to make decisions about this before they are able to speak to your parents or guardians. By ticking this box, your parent or guardian is agreeing to let WSMD staff do these things, if you are hurt or in need of help. I authorize for my child/children to attend the described activity day under the supervision of WSMD staff. I have read, understood and agree to these participation release terms. (Please tick) I allow my child/young person to be transported on a chartered bus to Dimboola and back. (Please tick) I authorize WSMD staff to take and use photographs, video or sound recordings of the student for WSMD authorized or associated publication, productions, presentations and social media, which may include publication on public websites. Consent to administer medication If you are under 18 please ask your parent or guardian to answer below: I allow my child/young person to be given the following medications if they become injured or suffer from allergies or physical pain (e.g. headache, cramps) during this trip: Panadol or equivalent (pain killers) Yes / No ibuprofen (anti inflamatories) Yes / No anti histamines (e.g. telfast, claratyne) Yes / No Signed: Name: Date: Legal Name of Young Person 1: Signature of Young Person 1 (if appropriate): Legal Name of Young Person 2: Signature of Young Person 2 (if appropriate):



Legal Name of Young Person 3:

Signature of Young Person 3 (if appropriate):

Legal Name of Young Person 4:

Signature of Young Person 4 (if appropriate):

Thank you for your time completing this form.

Everyone Belongs

# HARMONY DAY FREE EVENT 21 MARCH 2024

NHILL MEMORIAL COMMUNITY CENTRE

# 6PM START

MULTI-CULTURAL FOOD. PERFORMERS AND SPEAKERS

WE ENCOURAGE YOU TO BRING A PLATE OF FOOD FROM YOUR CULTURE TO SHARE

DRESS IN CLOTHING TRADITIONAL TO YOUR CULTURE

PROVIDE A

LIST OF ALL

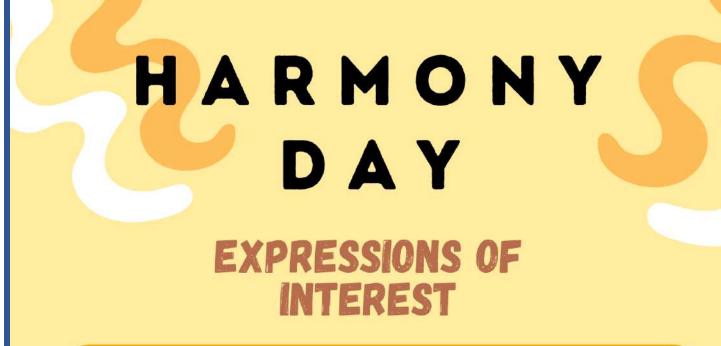
INGREDIENTS USED



State

WWHS

Government



We are seeking Expressions of Interest from members of our community to showcase their talents and represent their culture through singing, dancing, speaking or other performances at our Harmony Week celebration on **Thursday 21 March 2024 from 6pm at the Nhill Memorial Community Centre** 

If you are an individual or group that would be interested in being part of our Harmony Week Celebrations please click the link in this post, or contact our Community Development Team on **03 5391 4444** or email **info@hindmarsh.vic.gov.au**.







